

**Hadith for Quiz Age 8-9 years (Daily Supplications)**

**1. When Waking Up**

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا  
وإِلَيْهِ النُّشُورُ.

‘All praise is for Allaah who gave us life after having taken it from us and unto Him is the Resurrection.’

**2. Before entering the toilet**

(بِسْمِ اللَّهِ) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ  
الْخُبْثِ وَالْخَبَائِثِ .

‘(In the name of Allaah). O Allaah, I take refuge with you from all evil and evil-doers.’

**3. After leaving the toilet**

غُفْرَانَكَ.

‘I ask You (Allaah) for forgiveness.’

**4. When starting ablution**

بِسْمِ اللَّهِ.

‘In the name of Allaah.’

**5. Upon completing the ablution**

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ  
لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ  
وَرَسُولُهُ.

‘I bear witness that none has the right to be worshipped except Allaah, alone, without partner, and I bear witness that Muhammad is His slave and Messenger.’

6. **Upon completing the ablution**

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي  
مِنَ الْمُتَطَهِّرِينَ.

‘O Allaah, make me of those who return to You often in repentance and make me of those who remain clean and pure.’

7. **When leaving the home**

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ  
وَلَا قُوَّةَ إِلَّا بِاللَّهِ.

In the name of Allaah, I place my trust in Allaah, and there is no might nor power except with Allaah.’

8. **Upon entering the home**

بِسْمِ اللَّهِ وَلَجْنَا، وَبِسْمِ اللَّهِ خَرَجْنَا،  
وَعَلَى رَبِّنَا تَوَكَّلْنَا.

‘In the name of Allaah we enter and in the name of Allaah we leave, and upon our Lord we place our trust.’

9. **Upon entering the mosque**

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ.

O Allaah, open the gates of Your mercy for me.’

10. **Upon leaving the mosque**

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ،

O Allaah, I ask You from Your favor.

11. **While bowing in prayer (rukoo')**

سُبْحَانَ رَبِّيَ الْعَظِيمِ. (ثلاثاً)

‘How perfect my Lord is, The Supreme.’ (three times)

**12. Upon rising from the bowing position**

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ.

‘May Allaah answer he who praises Him.’

رَبَّنَا وَلَكَ الْحَمْدُ حَمْدًا كَثِيرًا طَيِّبًا  
مُبَارَكًا فِيهِ.

‘Our Lord, for You is all praise, an abundant beautiful blessed praise.’

**13. Supplication whilst prostrating (sujood)**

سُبْحَانَ رَبِّيَ الْأَعْلَى. ( ثلاثاً )

‘How perfect my Lord is, The Most High.’ (three times)

**14. Supplication between the two prostrations**

رَبِّ اغْفِرْ لِي ، رَبِّ اغْفِرْ لِي .

‘My Lord forgive me, My Lord forgive me.’

اللَّهُمَّ اغْفِرْ لِي ، وَارْحَمْنِي ،  
وَاهْدِنِي ، وَاجْبُرْنِي ، وَعَافِنِي  
وَارْزُقْنِي وَارْفَعْنِي .؟.

‘O Allaah, forgive me, have mercy upon me, guide me, enrich me, give me health, grant me sustenance and raise my rank.’

**15. The Tashahhud**

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ ،  
وَالسَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ  
وَبَرَكَاتُهُ ، السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِكَ  
الصَّالِحِينَ . أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ  
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ .

‘*Al-Tahiyyaat* is for Allaah. All acts of worship and good deeds are for Him. Peace and the mercy and blessings of Allaah be upon you O Prophet. Peace be upon us and all of Allaah’s righteous servants. I bear witness that none has the right to be worshipped except of Allaah and I bear witness that Muhammad is His slave and Messenger.’

#### 16. Prayer upon the Prophet (S) after the tashahuud

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ  
مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ  
وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ،  
اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ  
مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ  
وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ.

‘O Allaah, send prayers upon Muhammad and the followers of Muhammad, just as You sent prayers upon Ibraheem and upon the followers of Ibraheem. Verily, You are full of praise and majesty. O Allaah, send blessings upon Muhammad and upon the family of Muhammad, just as You sent blessings upon Ibraheem and upon the family of Ibraheem. Verily, You are full of praise and majesty.’

#### 17. Remembrance after salaam

(i)

أَسْتَغْفِرُ اللَّهَ. (ثَلَاثًا)

(ii)

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ  
تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ.

(i) ‘I ask Allaah for forgiveness.’ (three times)

(ii) ‘O Allaah, You are *As-Salaam* and from You is all peace, blessed are You, O Possessor of majesty and honour.’

### 18. When visiting the sick

لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ.

When the Prophet (S) would enter upon a sick person, he would say:  
'Never mind, may it (the sickness) be a purification, if Allaah wills.'

### 19. Supplication said upon sneezing

(i)

الْحَمْدُ لِلَّهِ.

(ii)

يَرْحَمُكَ اللَّهُ.

(iii)

يَهْدِيكُمْ اللَّهُ وَيُصْلِحُ بِالْكُفْرِ.

'When one of you sneezes he should say:

(i)

'All praise is for Allaah'

...and his brother or companion should say to him:

(ii)

'May Allaah have mercy upon you.'

...and he (i.e. the one who sneezed) replies back to him:

20. (iii)

'May Allaah guide you and rectify your condition.'

### 20. When mounting an animal or any means of transport

بِسْمِ اللَّهِ وَالْحَمْدُ لِلَّهِ، سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ، وَإِنَّا إِلَى رَبِّنَا  
لَمُنْقَلِبُونَ

'In the name of Allah and all praise is for Allah. How perfect He is, the One Who has placed this (transport) at our service and we ourselves would not have been capable of that, and to our Lord is our final destiny.'